THATCH CAYE

MUY'ONO COLLECTION

ADVENTURE BOOK

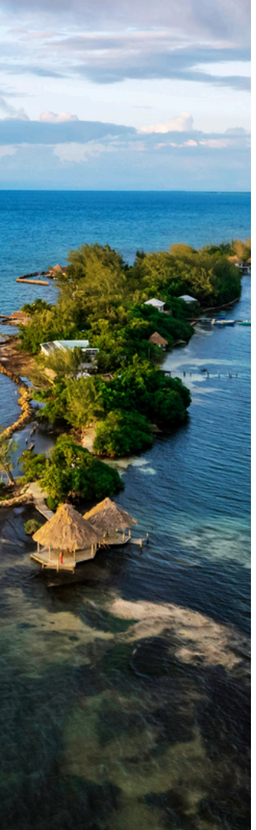
Discover Belize from your own private island paradise. Complimentary paddle boards, kayaks, snorkeling gear, bikes, and Hobie Cat sailing allow you to explore the crystal clear waters surrounding Thatch Caye at your own pace. Keep an eye out for rays, starfish, moray, and colorful tropical fish just offshore.

Complimentary Equipment:

- Paddle Boards
- Snorkeling Gear
- Kayaks
- Bikes
- Hobie Cat (Sailing)
- Island Games
- Yoga Equipment

ISLAND & REEF ADVENTURES

Surrounded by the crystal clear waters of the Belize Barrier Reef, Thatch Caye offers endless opportunities to explore one of the world's most remarkable marine environments. From snorkeling vibrant coral reefs and SCUBA diving beneath the surface to island hopping, wildlife encounters, and romantic cruises, these adventures showcase the very best of Belize's Caribbean coastline. Whether you're seeking relaxation, exploration, or a little of both, your next adventure begins just steps from your overwater bungalow.



Island Crawl

Hop aboard our floating bar and journey from caye to caye, discovering local culture, colorful island communities, and signature cocktails inspired by each destination. Try not to come back to the island crawling, but if you do, we can provide wheel barrow service to your room.

Time: Half Day
Difficulty: Easy

Sittee River Boat Tour

Cruise through the tranquil waters of the Sittee River while keeping watch for crocodiles, iguanas, river otters, and manatees. A relaxing wildlife experience complete with a picnic lunch.

Time: Half Day (Seasonal)
Difficulty: Easy

Stargazer's Cruise

Toast to paradise with a romantic evening cruise beneath Belize's star filled sky. Sip sparkling wine as you glide around the island, learn about constellations and traditional navigation, or simply enjoy the peaceful sounds of the sea.

Time: 1 Hour
Difficulty: Easy

Lobster or Conch Hunt

Turn your snorkeling adventure into a true Belizean experience by hunting for your own fresh dinner. Explore the surrounding cayes with an experienced guide as you search for lobster or conch in season while enjoying the warm turquoise waters of the Southern Barrier Reef. **(Lobster Season: July - Feb.) (Conch Season: Oct. - June)**

Time: Half Day
Difficulty: Moderate

Barrier Reef Snorkel

Explore the second-largest barrier reef system in the world on a guided snorkeling adventure through crystal clear Caribbean waters. Drift above vibrant coral gardens, colorful sea fans, and schools of tropical fish while discovering the incredible biodiversity of the Belize Barrier Reef. With two snorkel sites included, you'll experience a variety of marine habitats and unforgettable underwater scenery. Experienced guides ensure a safe, comfortable, and rewarding experience for snorkelers of all skill levels.

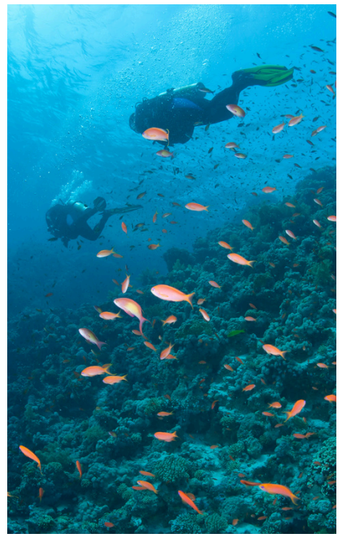
Time: 3 Hours
Skill Level: Novice



Discover SCUBA

Curious about SCUBA diving but not ready to commit to a certification course? Discover SCUBA is designed for first time divers and includes a brief introduction to diving fundamentals with a certified PADI instructor. Once you're comfortable with the equipment and basic skills, you'll head to the Belize Barrier Reef for a guided dive. Explore vibrant coral formations, tropical fish, and incredible marine life at depths of up to 40 feet. It's the perfect way to experience Belize's underwater world and discover why so many visitors fall in love with diving.

Time: 4 Hours
Skill Level: Beginner



Barrier Reef SCUBA

Discover the breathtaking underwater landscapes of the Belize Barrier Reef, one of the world's most celebrated dive destinations. Drift along colorful coral walls and ridges teeming with tropical fish, sea turtles, rays, and other marine life. Suitable for both newer and experienced divers, this two tank dive offers exceptional visibility and diverse reef ecosystems. With the reef located just minutes from Thatch Caye, you'll spend less time traveling and more time exploring beneath the surface.

Time: 4 Hours
Skill Level: Novice



Night Snorkel or SCUBA

Experience the Belize Barrier Reef from an entirely different perspective after sunset. As darkness falls, the reef comes alive with octopus, squid, lobsters, eels, tarpon, barracuda, and other fascinating nocturnal creatures. Guided by dive lights, you'll witness one of Belize's most memorable underwater experiences during your half hour in the water.

Time: Evening
Skill Level: Novice



PADI CERTIFICATION

End your PADI certification in paradise at Thatch Caye. Complete your pool training and skills session in a natural pool setting along the island's beach or at nearby South Water Caye, then continue your certification with open water dives on Belize's world renowned barrier reef. Guests can choose to complete the natural pool session, the open water referral, or both during their stay.



Natural Pool Training Session

Complete your PADI pool training and skills session in the beautiful waters surrounding Thatch Caye or at South Water Caye before continuing your certification at home or completing your open water dives in Belize.

Time: Full Day



Open Water Referral

Complete your classroom and pool training at home, then finish your open water dives in Belize. Earn your PADI certification while exploring one of the world's most celebrated reef systems.

Time: Multi Day

Private Cabo Charter

Enjoy a private day on the water aboard Weak Moment, a 35 ft Cabo fully outfitted with a captain, mate, fuel, gear, bait and tackle, towels, food, drinks, and more. Spend your day fishing, snorkeling vibrant reefs, SCUBA diving*, or exploring nearby islands at your own pace. All you need to bring is a hat, sunglasses, your favorite tropical playlist, and an adventurous spirit. Charters are available for up to six anglers and four additional non-anglers. **Additional rates apply for SCUBA diving. Inquire for half-day rates.*

Time: Half & Full Day
Skill Level: Novice



WORLD CLASS FISHING

Belize is home to some of the most sought after fishing grounds in the Caribbean, attracting anglers from around the world. From the legendary flats favored by fly fishing enthusiasts to the productive waters surrounding the Belize Barrier Reef, unforgettable opportunities await both beginners and seasoned anglers. With experienced guides, abundant marine life, and stunning coastal scenery, every day on the water promises an adventure worth remembering.

Fly Fishing

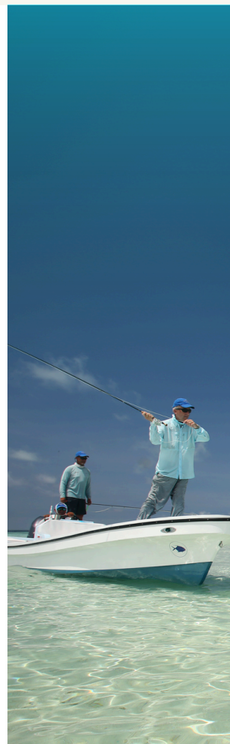
Fish the legendary flats of Belize with Blue Horizon, the country's only Orvis endorsed outfitter. Whether targeting permit, bonefish, or tarpon, expert guides deliver a personalized world-class fly fishing experience. Day trips include professional fly fishing guides, outfitted flats boats, Orvis rods and reels, and all terminal equipment (flies, leaders and tippet). Maximum two participants per boat.

Half Day: 4 Hours
Full Day: 8 Hours

Reef Fishing

Head offshore to fish the turquoise waters surrounding the Belize Barrier Reef. Target snapper, grouper, mackerel, barracuda, and more before bringing your catch back to the island, where our chefs can prepare it for dinner.

Half Day: 4 Hours
Full Day: 8 Hours





JUNGLE EXURSIONS

Venture beyond the cayes and discover another side of Belize, where lush rainforests, ancient Maya sites, vibrant cultures, and unforgettable wildlife await. Your journey begins with a scenic boat ride to the mainland followed by a comfortable van transfer through Belize's breathtaking countryside. From thrilling adventures to immersive cultural experiences, these full day excursions showcase the incredible diversity that makes Belize one of the most unique destinations in the Caribbean.



Cockscomb Basin, Jungle River Tubing, & Mayan Chocolate Tour

Begin your adventure with an authentic chocolate making experience at a local cacao farm, where you'll learn about the ancient Maya's connection to cacao and participate in the traditional bean to bar process while sampling fresh chocolate along the way. Continue into the breathtaking Cockscomb Basin Wildlife Sanctuary, the world's first jaguar preserve, where a naturalist guide will lead you through lush rainforest trails rich with wildlife and tropical flora. Then, enjoy a relaxing river tubing adventure beneath the jungle canopy. Please note that river tubing may not be available during the dry season due to low water levels. During these times, guests typically visit one of the sanctuary's beautiful waterfalls for a refreshing swim. Complete your day with a traditional Belizean lunch in a nearby Maya village, where you'll experience local flavors and warm hospitality.

Time: Full Day
Difficulty: Moderate

Bring: Insect Repellent, Sunscreen, Long Pants, Hat, Towel, Change of Clothes, Hiking Shoes, Souvenir Cash

Zipline & River or Cave Tube

Soar above the South Stann Creek River on seven thrilling ziplines, gliding between 11 platforms while taking in sweeping views of the canyon, mountains, and jungle. Feel the rush of wind and the thrill of height as you move from platform to platform, experiencing Belize’s rainforest like never before. Then, slow the pace with a tubing adventure down gentle river rapids or through the mysterious darkness of an ancient cave system, guided by your headlamp. Spot wildlife along the way—scarlet macaws, iguanas, and other exotic creatures—making this combination of adrenaline and tranquility an unforgettable way to explore Belize’s rainforest from above and within.

Time: Full Day
Difficulty: Moderate

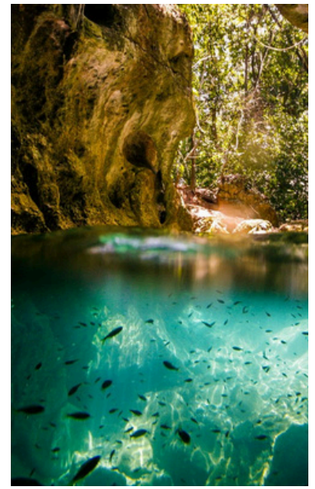
Bring: Insect Repellent, Sunscreen, Water Bottle, Long Pants, Hat, Towel, Change of Clothes, Hiking Shoes, Souvenir Cash

ATM Cave (Actun Tunichil Muknal)

ATM Cave is a world-famous archaeological site with Maya artifacts, pottery, and the sparkling skeletal remains of human sacrifices from 700–900 AD. The fully intact skeletons, preserved by time and science, are a jaw-dropping highlight. The adventure is as challenging as it is thrilling. You’ll hike to the cave, wade through waist-deep rivers, climb slippery ladders, and navigate dark, narrow passages inside the mountain. One of Belize’s most physically demanding tours, it’s an unforgettable journey into history. Tour availability depends on cave water levels. Not suitable for young children, those with mobility issues, or claustrophobia.

Time: Full Day
Difficulty: Challenging

Bring: Swimsuit, Water Shoes, Socks, Light-Weight Clothing, Towel, Souvenir Cash



Rainforest Horseback Ride & Swim

Explore Belize's diverse landscapes from the saddle as you ride through pine forests, lush rainforest trails, and beneath towering Cohune palms. Whether you're an experienced rider or a first timer, expertly trained horses and guides ensure a comfortable and enjoyable experience. Along the way, take in the sights and sounds of the jungle while learning about the region's unique ecosystem. The adventure concludes at the scenic Sittee River, where you can cool off with a refreshing swim or simply relax along the riverbank before returning to the island.

Time: Half Day
Difficulty: Easy

Bring: Insect Repellent, Sunscreen, Long Pants, Hat, Closed-Toe Shoes, Swimsuit, Towel, Souvenir Cash



Garifuna Cultural & Culinary Adventure

Immerse yourself in the rich traditions of the Garifuna people through a hands-on cultural experience that celebrates Belize's vibrant heritage. Learn about the history, customs, and daily life of one of the country's most influential cultural groups while participating in traditional coconut harvesting, husking, grating, and milk extraction. Savor an authentic Garifuna lunch featuring fresh local ingredients and traditional recipes passed down through generations. End the day with lively drumming, music, and dance as you discover the rhythms that remain at the heart of Garifuna culture.

Time: Full Day
Difficulty: Easy

Bring: Light-Weight Clothing, Sunscreen, Souvenir Cash



Xunantunich & Blue Hole Cave Tube or Swim

Journey through Belize's scenic countryside to the magnificent Maya city of Xunantunich, one of the country's most impressive archaeological sites. Cross the Mopan River aboard a hand cranked ferry before exploring ancient plazas, temples, and the towering El Castillo, which offers breathtaking views stretching into neighboring Guatemala. After lunch, continue to St. Herman's Blue Hole National Park, where you can choose between an adventurous cave tubing experience through an underground river system or a refreshing swim in the crystal clear Blue Hole. This excursion combines ancient history, natural beauty, and adventure into one remarkable day.

Time: Full Day
Difficulty: Moderate

Bring: Insect Repellent, Sunscreen, Hat, Closed-Toe Shoes, Swimsuit, Towel, Change of Clothes, Souvenir Cash



Living Maya Experience & Nim Li Punit

Step back in time and experience the traditions of Belize's Kek'chi Maya community through an authentic cultural encounter in Big Falls Village. Visit a traditional Maya home constructed from natural materials and gain insight into a way of life that has been preserved for generations. Participate in the preparation of a traditional Maya meal and learn how the community continues to rely on the land for food, medicine, and daily living. After lunch, explore the archaeological site of Nim Li Punit, home to some of Belize's tallest Maya stelae and surrounded by beautiful jungle landscapes rich with wildlife.

Time: Full Day
Difficulty: Moderate

Bring: Insect Repellent, Sunscreen, Hat, Closed-Toe Shoes, Souvenir Cash









ADVENTURE RATES

Tour Info & Policies

- Rates are in USD and exclude 12.5% tax and gratuity.
- Children 12 and under receive discounted rates on select tours and must be accompanied by two adults.
- Tours cancelled by guides or captains due to weather or operational circumstances will be rescheduled or refunded.
- Land and snorkel tours canceled more than 48 hours in advance incur no charge. Cancellations within 48 hours may incur fees.
- Fishing tours require 30 days notice for cancellation.
- Land tours must have a minimum of two participants to be scheduled.
- Please check with the Front Desk for availability and scheduling.

Island & Reef Adventures

Island Crawl	$125 USD per person
Sittee River Boat Tour	$140 USD per person
Stargazer's Cruise	$270 USD per couple
Conch or Lobster Hunt	$125 USD per person
Barrier Reef Snorkel	$110 USD per person
Discover SCUBA (2 Tanks)	$248 USD per person
Discover SCUBA (3 Tanks)	$347 USD per person
Barrier Reef Dive	$143 USD per person
Night Snorkel	$125 USD per person
Night SCUBA (1 Tank)	$135 USD per person
Pool Training	$125 USD per person
Open Water Referral	$445 USD per person
Private Cabo Charter	$1,900 USD Half Day | $3,000 USD Full Day

Fishing

Fly Fishing Half Day	$525 USD per boat
Fly Fishing Full Day	$600 USD per boat
Reef Fishing Half Day	$500 USD per boat | Up to 3 anglers
	**Additional anglers: $146 USD per person max 5 anglers*
Reef Fishing Full Day	$635 USD per boat | Up to 3 anglers
	**Additional anglers: $180 USD per person, max 5 anglers.*

Jungle Excursion

Cockscomb Basin & Maya Chocolate Tour	$225 USD per person
Zip Line & River Tubing	$280 USD per person
Zip Line & Cave Tubing	$225 USD per person
ATM Cave	$365 USD per person
Rainforest Horseback Ride & Swim	$235 USD per person
Garifuna Cultural Adventure	$280 USD per person
Xunantunich & Cave Tubing	$320 USD per person
Xunantunich & Blue Hole Swim	$270 USD per person
Living Maya Experience & Nim Li Punit	$285 USD per person

SPA MENU

Restore body and mind with personalized treatments inspired by the natural beauty of Belize. Enjoy your spa experience in the privacy of your guest room, beneath the overwater Serenity Point palapa, or in our Spa Palapa.

Appointments are available daily at the Front Desk or through WhatsApp from 7AM to 5PM. Please reserve 24 hours in advance. All prices are in US Dollars. Tax and gratuity is not included.



Anti Stress Swedish Massage

60 Minutes: $110 USD
90 Minutes: $150 USD

Long flowing strokes ease tension, improve circulation, and promote deep relaxation throughout the body.

Focus Deep Tissue Massage

60 Minutes: $125 USD
90 Minutes: $170 USD

Designed to target chronic tension and muscle knots while improving mobility and relieving stress.

Hot Stone Massage

60 Minutes: $135 USD
90 Minutes: $190 USD

Warm stones are incorporated into a customized massage to encourage deeper relaxation and soothe tired muscles.

Body Scrub

75 Minutes: $150 USD

A rejuvenating full body exfoliation featuring natural coconut husk and warm honey cocoa butter followed by a relaxing massage.

Seaweed Body Wrap

90 Minutes: $160 USD

An exfoliating scrub, nourishing seaweed mask, head and foot massage, and full body massage combine for complete renewal.

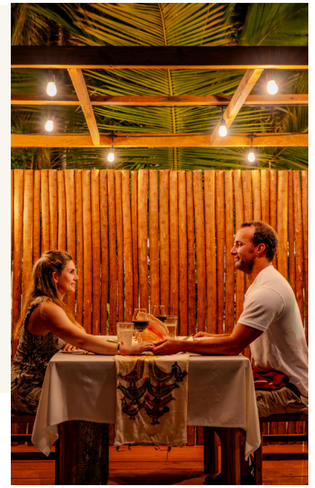
Cocoa Honey Body Wrap

90 Minutes: $175 USD

Belizean cocoa sugar scrub and organic cocoa honey wrap leave skin soft, hydrated, and glowing before a relaxing massage.

ROMANCE & CELEBRATION

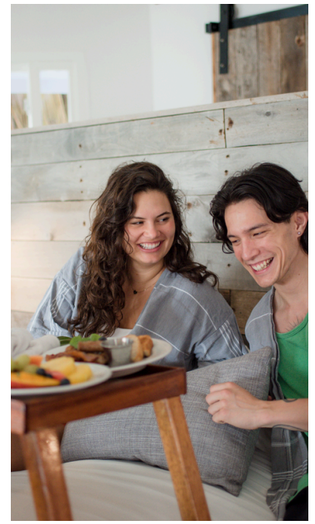
Make your stay unforgettable with experiences designed for couples. Enjoy a private dinner on the beach, sip sparkling wine with fruit and chocolates, or indulge in a couple's massage on an overwater palapa. Perfect for honeymoons, anniversaries, birthdays, or simply a romantic escape, these experiences turn special occasions into memories that last a lifetime.



Private Dinner

$140 USD

Enjoy a private dinner on the beach in one of our honeymoon palapas with views of the Caribbean Sea and the Belizean sunset. Dinner is served from a specialty menu. Includes one glass of sparkling wine or house wine per person.



Breakfast in Bed

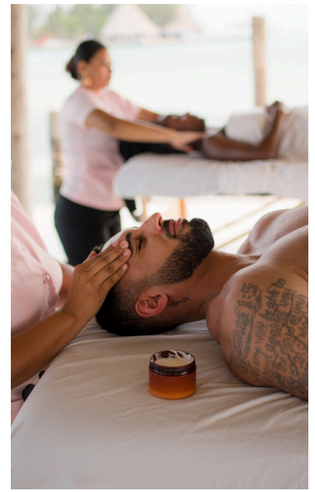
$60 USD

Start your day with an intimate breakfast for two, delivered directly to your overwater bungalow or oceanfront cabana. Enjoy a chef prepared breakfast, sip fresh mimosas, and share a slow morning together overlooking the crystal clear Caribbean Sea.

Celebratory Sparkling Wine

$85 USD
Premium: $270 USD

Pop off your vacation with a bottle of sparkling wine, a fruit plate, and assorted chocolates. Your sparkling wine will be chilled and delivered at just the right moment! This is the perfect add-on for any celebration.



Couples Massage

Turn any of our massages into a shared experience.

Sunset Massage

Enhance any massage with the breathtaking colors of the Caribbean sky.